## Raise awareness on World Mental Health Day

Mental health is President Gordon McInally's top priority.

World Mental Health Day is 10 October 2023, as organized by the World Federation for Mental Health and endorsed by the World Health Organization. The global designation strives to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

It's also a great opportunity for Rotary members to think about ways that they can incorporate mental health service into their projects.

The Rotary Action Group for Mental Health Initiatives has set three goals for us to make progress in this effort: raise awareness of mental health issues worldwide, fight the stigma attached to discussing mental health, and find ways to expand access to care for the people we serve worldwide.

The world is facing numerous mental health challenges today and Rotary members can achieve a great deal just by placing more attention on them.